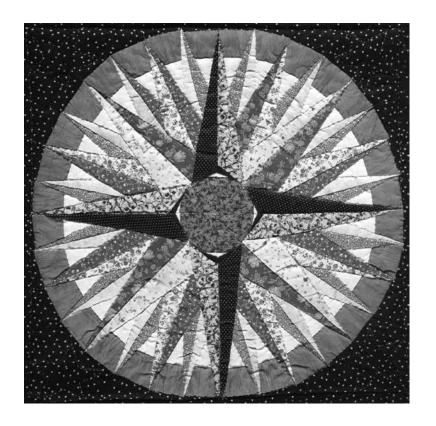
Explorers Lifelong Learning Institute

Spring Semester 2019



Sponsored by





EXPLORERS LIFELONG LEARNING INSTITUTE OF SALEM STATE UNIVERSITY 10 FEDERAL STREET, SUITE 10, SALEM, MA 01970 978.744.0804

SPRING SEMESTER 2019

The Explorers Lifelong Learning Institute (LLI) is a member-directed learning group, one of over 400 such organizations in the United States and Canada that are affiliated with the The Road Scholar Institute Network. Since 1992, seniors in the greater Salem community, mostly retirees with diverse backgrounds, have joined Explorers by paying an annual membership fee.

Members and presenters join in active peer learning to share their knowledge and experience by creating, coordinating and participating in courses on a voluntary basis. We provide programs that are challenging, thought-provoking, sometimes controversial and frequently interactive. These vary in length from a day to a semester; range in format from lectures and discussions to hands-on workshops and field trips; and cover topics from the arts and sciences to current events and foreign affairs. Classes meet in rooms which range from small to auditorium-style accommodations. Some courses, designated "study groups" require active participation of attendees, such as preparing information to share with the class. Classrooms are located on the first floor of the Explorers Center at 10 Federal Street in Salem. They are equipped with visual aids, audio equipment and lighting as requested by course leaders.

The Explorers Lifelong Learning Institute offers two academic terms a year, beginning in September and March. **Members may enroll in up to five courses per semester**. Classes meet for two hours, either mornings or afternoons. Students and leaders often have lunch together between classes. Classes are held Monday through Thursday. Between terms there are Intersession programs which are open to the public. Members and their guests are welcome to attend all Intersession events.

On the cover: Mariner Compass Design by Kay Piemonte.

WELCOME TO EXPLORERS

Growing older in America is characterized by rapid changes. We are discarding negative stereotypes and seizing control of our lives. New social innovations are now the expected not the exception. The Explorers Lifelong Learning Institute is such an innovation. When we retire, we may miss the intellectual challenges and interpersonal relationships that made our lives interesting during our careers. Like our muscles, our minds need exercise to stay young. The Explorers Lifelong Learning Institute recognizes this need and invites people 50 years or older to join us in exercising our minds and keeping vital.

As older adults, we can be intense, self-motivated learners. We can explore new subjects and share our collective knowledge and experiences. The Explorers Lifelong Learning Institute encourages us to continue learning, to expand our horizons and to enhance our personal development. There are no academic admissions requirements, no examinations, no grades; learning is its own reward. Our greatest resource is the exuberant wisdom of our membership.

EXPLORERS MEMBERSHIP INFORMATION

- Attend Explorers academic courses as well as intersession programs
- Receive Explorers newsletter, The Compass
- · Access Salem State University library
- Join the Peabody Essex Museum with \$5 off PEM membership rates
- Enjoy the social experiences of classes, trips and special events

CODE OF CONDUCT

Explorers provides programs which are challenging, thought-provoking, sometimes controversial and frequently interactive.

With this in mind we expect the following from our members and presenters:

- that they be considerate and respectful.
- that even in moments of disagreement they exercise good manners: keeping in mind that disagreement can be viewed as positive.
- that they take responsibility for their words and actions.

We join in active peer learning in order to share our knowledge and experience and in order to learn and grow together.

MEMBERSHIP FEES

The 6 month, non-refundable single membership fee of \$150 or spousal non-refundable membership fee of \$260 admits new members from January 1, 2019 to June 30, 2019. Special charges may be requested for some individual courses. Please use the registration form in the centerfold of this catalogue to apply for membership and to register for courses. Registrations are accepted on a year round basis. In the event that a course is oversubscribed, enrollment will be based on a review of all applications received on or before Thursday, January 24, 2019. Notification will be sent to those confirmed; all others will be placed on a waiting list.

Fee reductions are available based on need. Your request will remain confidential and should be mailed to: Fee Reduction Committee, c/o Explorers LLI, 10 Federal Street, Suite 10, Salem, MA 01970

Explorers Center Office Hours: Monday-Thursday, 8:30 am-4 pm

Telephone: 978.744.0804 Email: explorers@verizon.net

Websites: salemstate.edu/explorers

(Complete catalogue online) explorerslli.org

Office Manager: Dawn Plona
Newsletter Editor: John Arnold

Webmaster:

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2019 SPRING SCHEDULE

Only members are eligible to register for courses. Unless otherwise indicated, all classes will be held at the Explorers Center, 10 Federal Street.

BOOK CLUB Monday 10 – 11 am

Coordinator: Merry Glosband

No sign up necessary. Book club meets on the first Monday of each month. Even if you have not read the month's selection, you are most welcome to attend. We'd love to have you join us.

Book Club will not be counted as one of your five courses. It is limited to members only.

March 4: Exit West by Mohsin Hamid, 2017, fiction SHORTLISTED FOR THE MAN BOOKER PRIZE 2017* A Barack Obama top ten book of 2017*

WINNER of the LA Times Prize for Fiction *WINNER of the Aspen Words Literary Prize All over the world, doors are appearing. They lead to other cities, other countries, other lives. And in a city gripped by war, Nadia and Saeed are newly in love. Hardly more than strangers, desperate to survive, they open a door and step through. But the doors only go one way. Once you leave, there is no going back."—Amazon

'One of the year's most significant literary works' The New York Times

Despite what you may hear from alarmists, it's not easy for refugees to get to the United States – or really anywhere, for that matter. If they're even able to escape their own country, they face constant roadblocks and long waiting lists before they're able to establish themselves, however precariously, in another country. There are no magic doorways they can walk through that will just bring them to another land. But what if there were? That's the question Mohsin Hamid poses in his haunting new book, *Exit West*. The fourth novel from the Pakistani-born author is at once a love story, a fable, and a chilling reflection on what it means to be displaced, unable to return home and unwelcome anywhere else. –NPR

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Leader: Kate O'Hare

April 1: Hillbilly Elegy: A Memoir of a Family and Culture in Crisis by J. D. Vance, 2016, memoir

#1 NEW YORK TIMES BESTSELLER, Hillbilly Elegy is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The disintegration of this group, a process that has been slowly occurring now for more than forty years, has been reported with growing frequency and alarm, but has never before been written about as searingly from the inside. J.D. Vance tells the true story of what a social, regional and class decline feels like when you were born with it hung around your neck.

The Vance family story begins hopefully in postwar America. J.D.'s grandparents were "dirt poor and in love" and moved north from Kentucky's Appalachia region to Ohio in the hopes of escaping the dreadful poverty around them. They raised a middle-class family and eventually one of their grandchildren would graduate from Yale Law School, a conventional marker of success in achieving generational upward mobility, But as the family sage of *Hillbilly Elegy* plays out, we learn that J.D.'s grandparents, aunt, uncle, sister and most of all, his mother struggled profoundly with the demands of their new

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middle-class life, never fully escaping the legacy of abuse, alcoholism, poverty and trauma so characteristic of their part of America, With piercing honesty, Vance shows how he himself still carries around the demons of his chaotic family history.

A deeply moving memoir, with its share of humor and vividly colorful figures, Hillbilly Elegy is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country.—Amazon Leader: Martha Hogan

May 6: Educated by Tara Westover, 2018 memoir #1 NEW YORK TIMES BESTSELLER – Tara Westover was seventeen the first time she set foot in a classroom. Born to survivalists in the mountains of Idaho, she prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "headfor-the-hills" bag. In the summer she stewed herbs for her mother, a midwife and healer, and in the winter she salvaged metal in her father's junkyard.

Educated is an account of the struggle for self-invention. It is a tale of fierce family loyalty and of the grief that comes from severing one's closest ties. With the acute insight that distinguishes all great writers, Westover has crafted a universal coming-of-age story that gets to the heart of what an education is and what it offers: the perspective to see one's life through new eyes and the will to change it. –Amazon Leader: **Karen Tanklow**

June 3: There, There by Tommy Orange, 2018 fiction NEW YORK TIMES BESTSELLER, Tommy Orange's "groundbreaking, extraordinary" (The New York Times) There, There is the "brilliant, propulsive" (People Magazine) story of twelve unforgettable characters, Urban Indians living in Oakland, California, who converge and collide on one fateful day. It's the year's most galvanizing debut novel (Entertainment Weekly).

As we learn the reasons that each person is attending the Big Oakland Powwow—some generous, some fearful, some joyful, some violent—momentum builds toward a shocking yet inevitable conclusion that changes everything.

There, There is a wondrous and shattering portrait of an America few of us have ever seen, It's "masterful...white-hot...devastating" (The Washington Post) at the same time as it is fierce, funny, suspenseful, thoroughly modern and impossible to put down. Here is a voice we have never heard—a voice full of poetry and rage, exploding onto the page with urgency and force. Tommy Orange has written a stunning novel that grapples with a complex and painful history, with an inheritance of beauty and profound spirituality and with a plague of addiction, abuse and suicide. This is the book that everyone is talking about right now and it's destined to be a classic.—Amazon Leader: Merry Glosband

MONDAY

101 Everyday Law for Successful Living Monday 9-11 am

Class Leaders: Andrea A. J. Witt, Esq., Christine R. Hurley, Esq., Stephen Spano, MBA, JD and Guest Presenters March 4, 11, 18, 25; April 1

This course consists of a series of 5 independent workshops:

- Achieving Your Estate Planning Goals with Essential Estate Planning Documents
- Trusts: Learn What They Are, What They Can and Cannot Accomplish and How They Can Be an Indispensable Part of Your Estate Plan
- Navigating the Slippery Path to Guardianship and Conservatorship
- Understanding Medicare, Medicaid and MediGap Insurance
- Probating Estates

Course Format: 5 weeks of interactive presentation, primarily lecture with audiovisuals and guest speakers Required books or supplies: None, although a tablet or smartphone is recommended Required reading for first

class: None

Suggested books or supplies: A tablet or smartphone is

recommended





102 Art History Limited to 20 Monday 9-11 am
Class Leader: Barry Poretsky

March 4, 11, 18, 25; April 1, 8, 15, 22

We'll discuss the last of the 20th century artists born in the 19th century - architects, sculptors, painters, illustrators, etc.

Course Format: worksheets and visuals
Suggested books or supplies: pens or pencils

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103 Everything you Need to Know About Self-Publishing

Limited to 15

Monday 9:30-11 am

Class Leader: Jenny Pivor

March 4, 11, 18

If you have ever thought about publishing a book, whether it's a memoir, photos, fiction or non-fiction, Jenny Pivor, owner of a self-publishing company will explain the processes of design, publication, distribution and marketing.

Course Format: The course will consist of three sessions, delivered in interactive lectures with PowerPoint presentations.

- 1. **Book design**: The cover and the interior. This will cover tools, techniques and strategies
- **2.** The process of publishing: Where? How? How to get your books on Amazon? What other options are there?
- 3. Marketing: Now what? How to get your book noticed and into the hands of readers

104 The Four Questions Monday 9:30-11 am

Class Leader: Robert Kalechofsky

April 8, 15, 22, 29

We will discuss the following four questions for four weeks based on the following readings:

- 1. Does the earth move around the sun? (may the sun move around the earth?) (read *Knowing and Erring* by Robert Kalechofsky p. 14-24
 - *Erring* by Robert Kalechofsky p. 14-24 it will be available at Dawn's desk for \$5.00—proceeds will be donated to Explorers.
- 2. Is the brain a computer? Read *The Enfolded Brain* p. 58-63.
- 3. Were the nazi rocket makers ever punished? Read *The Nazi Rocketeers* by Dennis Piszkiewicz p. 57-108 and p. 239-246.
- 4. Read *The Ascent of Man* by Jacob Bronowski chapters 1 and 7.

The last two books may be found in local libraries. The Bronowski book is a classic and well worth owning and was made into a TV series-we may get a copy to show at Explorers. We will discuss question one for the first class.

105 Eleanor of Acquitaine Forerunner of the Woman's Movement Monday 9:30-11 am

Class Leader: Roberta Kalechofsky

April 8, 15, 22, 29

Readings from the book, *Eleanor of Acquitaine* by Amy Kelly. We will discuss the impact of her role as queen of Acquitaine on the growth of Paris, her support of philosophy and philosophers and her connection to Henry the second as seen in the movie, The Lion of Winter. Her importance as a supporter of the role of women in the world will also be explored.

106 Learn to Knit

Monday 11:30-1:30 pm

Class Leader: Martha Hogan

March 4, 11, 18, 25

In this class you will learn the knit and purl stitches, how to cast on and bind off and various combinations of these techniques. We will knit a simple scarf or buttoned-up neck warmer. Patterns will be provided and you will learn how to read a pattern.

Course Format: Hands on Required books or supplies:

Yarn – 1 skein of worsted weight yarnabout 400 yards.

Knitting needles - straight or circular-size 8.

Helpful – computer or iPad to look at YouTube videos at home for extra help on techniques.

Suggested books or supplies: For the first class, participants **must bring** a set of US size 8 knitting needles (either straight or circular) and approximately 400 yards (1 skein) of worsted weight yarn. Animal fiber or synthetic are fine.

107 Play Reading

Monday 11:30-1:30 pm

Class Leader: John Archer March 4, 11, 18, 25; April 1, 8

Enter the world of Drama. We will explore/dissect some of the greatest plays ever written. From Aristophanes to Albee. Come feel the emotions of fear, anger, revenge, hope and love. This six week class will focus on three plays.

Course Format: We will read three plays.

Required reading for first class: Bus Stop by William Inge



Limited to 8

Limited to 22

108 Modern Ireland, 1913-2000 Monday 11:30-1:30 pm

Class Leader: Edward Finglas March 4, 11, 18, 25; April 1, 8, 15, 22, 29; May 6

This course will examine the birth, growth and development of Ireland in the 20th century using documentary videos, readings, lectures and discussions.

Course Format: Video/lecture/

discussion

Required books or supplies:

Charles Townshend, *Ireland: The 20th Century* ISBN 0-340-66335-9



Required reading for first class: Townshend, Preface and Chapter 1

109 Ancient Roman Art and Architecture

Monday 11:30-1:30 pm

Class Leader: **Dr. Linda Medwid March 4, 11, 18, 25; April 1, 8, 15, 22**

Rome ruled the largest empire in history and its culture existed for over 1,000 years.

In this course you will learn how the practical-minded Romans developed architectural elements to their fullest potential in order to expand and maintain their empire. We will study their art, as well as learn how they constructed buildings like the Colosseum and Pantheon.

Course Format: Lecture, discussion and slides

Required books or supplies: Ramage, Nancy H. and Andrew Ramage Roman Art: Romulus to Constantine. NJ: Prentice Hall, 1991-2005.

ISBN: 0-13-150487-8

Any edition up to and including the 4th edition is good, they get expensive after that. The cost is usually from \$5.00 used, paperback on Amazon.com. A good introductory textbook.

Required reading for first class: Introduction and Chapter 1

(The Etruscan Forerunners)

110 Growing "Old" with Shakespeare

Monday 11:30-1:30 pm

Class Leader: Don Tritschler April 15, 22, 29; May 6, 13, 20 His late plays suggest he'd begun thinking about retirement. Though his will claimed "perfect health," he died a month later at age 52 (April, 1616). We will read and discuss three of his last plays: King Lear (1605), The Winter's Tale (1610) and The Tempest (1610).

Course Format: Discussion and some lecture

Required books or supplies:

These editions, from the Folger Library, are recommendations but not required:



King Lear, Folger Shakespeare Library—Mass Market
Paperback, \$5.39 and is also available on Kindle at .99 cents
The Winter's Tale—Folger at \$4.79 (Kindle at \$4.99)
The Tempest—Folger at \$5.08 (Kindle at .99 cents)

Required reading for first class: King Lear

Suggested books or supplies: Stephen Greenblatt, *Will in the World: How Shakespeare Became Shakespeare,* Norton and Co. (2004) especially pp. 356ff.

111 The First Amendment— Free Exercise of Religion

Limited to 24

Monday 2-4 pm

Class Leader: Eli Bortman

March 4, 11, 18, 25

Polygamy, Sunday Blue laws, saluting the flag, conscientious objection to war, use of marijuana and peyote, animal sacrifice, satanic worship—all cases in which someone felt his religious freedom was being violated.

Course Format: This is a discussion course. Reading material includes excerpts from Supreme Court cases, other court materials and news reports.

Required books or supplies: reading material will be supplied Required reading for first class: I will send the entire file by email a week before the course starts.

112 Memoir Writing for Beginners

Limited to 8

Monday 2-4 pm

Class Leader: Peter VanDeBogert March 4, 11, 18, 25; April 1, 8, 15, 22

This course is a starting point for those who are thinking about writing their life story or at least parts of it. Participants will write their memories and share them with the rest of the group. Supportive feedback will be part of the process.

Course Format: Some lecture, discussions, sharing/reading of what participants have written, critiques.

Suggested books or supplies: Your Life as Story by Tristine Rainer

113 Literature and Film

Limited to 35

Monday 2-4 pm

Class Leader: Claire Keyes

March 4, 11, 18, 25; April 1, 8, 15, 22, 29; May 6

Good novels have often become the basis for good films. This course concerns three novels from three centuries and the award-winning films made from them.

Course Format: this course will be part lecture, part discussion. **Topics to be covered**: We will begin with Jane Austen's 19th century novel *Sense and Sensibility*, made into a film starring Emma Thompson. Edith Wharton's *The Age of Innocence* brings us to the 20th century and the award-winning film directed by Martin Scorsese. We'll conclude with *Room* by Emma Donohue with its 21st century issues. The film of *Room* brought the best actress award to Brie Larson.

Required books: Jane Austen, Sense and Sensibility (1811), Edith Wharton, The Age of Innocence (1920), Emma Donohue, Room (2010) Required reading for first class: The first half of Sense and Sensibility, roughly Chapters 1-27.

114 You Don't Have to Be Crazy, But it Helps Limited to 20 Monday 2-3:30 pm

Class Leaders: Dr. John Weltner, Psychiatrist and Paul Crosby, Social Worker

April 1, 8, 15, 22, 29; May 6

This course explorers common conditions that can challenge a senior's emotional well-being, seek to understand them from both physiological and psychological perspectives and provide methods to handle them. Each class examines one of these subjects: stress/anxiety, anger/conflict management, depression/bipolarity, grief, sleep and substance abuse. Course Format: Lecture, handouts, some interactive exercises, Class discussion, videos

Required books or supplies: Articles will be handed out.

TUESDAY

201 Current Events

Tuesday 9-11 am

Class Leaders: Frank Hawke and Max Freedman

March 5, 12, 19, 26; April 2, 9, 16, 23

A lively discussion group meets weekly to discuss issues of local, national, international and extraterrestrial interest. Each participant is encouraged to bring articles or subjects of interest for discussion by the group. It is a course goal for participants to be exposed to and understand viewpoints different than their own.

Course Format: Group discussion

Required books or supplies: Print, internet, TV and radio news sources such as newspapers, news web sites, discussion groups and talk radio.

202 The Genius of Jazz-2: Individual Innovators Limited to 30 Tuesday 9-11 am

Class Leader: Mark Arnold April 2, 9, 16, 23, 30; May 7, 14

As a follow up to last fall's course on the history of jazz, this class will focus on select jazz musicians: pianists, guitarists, trumpet players, saxophone players and singers. The presenter, a working jazz musician, will emphasize what is distinctive about each of the featured musicians and what makes them great.

A partial list of those featured: guitarists Django Reinhardt, Wes Montgomery, Joe Pass and Pat Metheny;



trumpeters Louis Armstrong, Dizzy Gillespie, Miles Davis, Chet Baker and Clifford Brown; pianists Art Tatum, Oscar Peterson, Erroll Garner, Bill Evans and Herbie Hancock; and sax players Lester Young, Charlie Parker, Stan Getz, Paul Desmond, John Coltrane and Sonny Rollins. Singers will include Anita O'Day and Nina Simone as well as contemporary vocalists. (continued on page 11)

(202 The Genius of Jazz-2, continued from page 10,)

Course Format: Lecture, listening (DVDs and CDs) and discussion **Required books or supplies:** None. Participants may bring a notebook if they so desire.

This class will focus on a variety of different forms and genres of jazz, including:

Class 1: Jazz Origins and Evolution

Definition, key concept/sounds, first jazz recording, Jelly Roll?, Armstrong and Ellington, Dixieland, bebop, free jazz, centrality of the blues (next time).

Class 2: The Blues

Demonstrate structure, Bessie?, C Jam, Joe Wms, Mahalia or Aretha, Ray Ch?

Class 3: Pianists – from Art Tatum to Bobby Timmons
Ellington, Tatum, Wilson, Peterson, Garner, Powell,
Monk, Timmons/Silver, Jarrett, Previn

Class 4: Sax Players – from Coleman (Hawkins) to (Ornette) Coleman Hawkins, Parker, Gillespie, Desmond, Coltrane, Rollins.

Class 5: Latin Jazz

Jobin, Gilberto, 1960s examples

Class 6: Up and Coming Jazz Artists

Esperanza Spalding, Spanish trumpeter, Joey Alexander

203 Just for Laughs Tuesday 9-11 am

Class Leader: Walter Booth May 7, 14, 21, 28; June 4, 11

The laughs continue with: All in the Family produced by Norman Lear and Bud Yorkin. It stars Carroll O'Connor, Jean Stapleton, Sally Struthers and Rob Reiner. The show revolves around the life of a working-class bigot and his family. The show broke ground in its depiction of issues previously considered unsuitable for a U.S. network television comedy, such as racism, infidelity and homosexuality, women's liberation, rape, religion, miscarriages, abortion, breast cancer, the Vietnam War, menopause and impotence.

Course Format: Video and group discussion. **Required books or supplies**: Bring an open mind.

204 "And Four To Go!"
Tuesday 9:30-11 am
Class Leader: Bill Sano
March 5, 12, 19, 26
A conclusion to "One for the
Money, Two for the Show, Three
to get Ready....." An "expose" of
America's favorite QUARTETS OF



March 5:

THE 20TH CENTURY.

ABBA. Much more than "Mamma Mia." (OK, so they're Swedish, but they're much loved by Americans!")

The Mills Brothers ("Paper Doll," "Glow Worm")
The Ames Brothers ("You, You, You," "Tammy")

March 12:

The Mamas and the Papas, "California Dreamin;"
"Monday, Monday." (Who can forget Mama Cass Elliot?)

Manhattan Transfer, Forty-eight years in transit—and still going strong! (Grammy award for "Route 66" in 1982)

March 19:

The Four.....

Lads ("No, Not Much," "These Moments to Remember") Aces ("Three Coins in the fountain") Seasons ("Sherry," "Big Girls don't Cry") Freshmen ("Graduation Day")

Plus a guest appearance from *Danny and the Juniors* ("At the Hop!)

March 26:

The Lovely Little Lennon Sisters. "Fascination," "Sentimental Journey" and how their father was murdered on a golf course at high noon.

Plus: The:

Chordettes ("Lollipop," "Mr. Sandman")

Coasters ("Poison Ivy")
Crew-cuts (Sh-Boom")

Diamonds ("The Stroll")

Penguins ("Earth Angel")

Platters ("The Great Pretender")

Crests "(Sixteen Candles")

Genealogy and Family History 205 Tuesday 9:30-11 am

Limited to 10 **Repeat Course**

Class Leader: Lauretta M. Cloherty

March 5, 12, 19, 26; April 2, 9

Come explore the tools and techniques used to help start, or grow, your family tree. Genealogy combines detective work and the solving of a jigsaw puzzle. Sometimes the results come easily-sometimes it takes years of patience. All who begin the journey of tracing their ancestry share a common opinion – it is addictive!

Course Format: Lectures, handouts and discussion

Required reading for first class: Bring response to questionnaire

emailed to class participants prior to first class.

Conversational Italian 206

Limited to 12

Tuesday 11:30-1:30 pm Class Leader: Tony Porcello March 5, 12, 19, 26; April 2, 9

This is an introduction to conversational Italian for beginning and

intermediate students.

Required book: Baron's Learn Italian The Fast and Fun Way

(3rd Edition) by Marcel Danesi – Amazon.com

Required reading for first class: Thumb through every page of

your edition.

207 Political History: Times to Try Men's Souls

Tuesday 11:30-1:30 pm

Class Leader: Linda Andros, JD, LLM

March 5, 12, 19, 26; April 2, 9

Can democracy survive in the 21st century? Can hope and rationality

triumph over fear and hate?

We'll look at times in history where Americans followed their better angels and rejected intolerance and extremism to forge a stronger democracy and we'll look at nations, now and in the past, that chose the path to dictatorship and even fascism.

Course Format: Two hour lecture with time built in for questions and comments. There will be a 15 minute break following the 1st half of the lecture.

Required books or supplies: The Soul of America, Jon Meacham ISBN 978-0-399-58981-2.

Required reading for first class: Introduction and conclusion.

Suggested books or supplies: Fascism, A Warning, Madeline Albright

ISBN 978-0-06-280218-7

208 Buddhism Through Art

Tuesday 11:30-1:30 pm

Class Leader: **Stefan Schindler**

March 5, 12, 19, 26; April 2, 9, 16, 23, 30; May 7

An introduction to Buddhist Philosophy, Art and Way of Life. Meditation, discussion, slide shows, with a focus on the meaning of symbols in Buddhist iconography. Topics: Life of the Buddha: history and schools of Buddhism; vajra, bell and lotus; the Five Jinna Buddhas; the Bodhisattva of Compassion; Interfaith Parallels.

Course Format: Discussion, lectures, slide shows.

The Souls of Animals - Part Two 209

Tuesday 11:30-1:30 pm Class Leader: Linda Weltner April 16, 23, 30; May 7, 14, 21

Since 2000 researchers have no longer been accused of anthropomorphising when they study the emotional life of animals, with striking results. In fact, humans and animals are on an evolutionary continuum when it comes to consciousness. We will discuss dolphins, dogs, wolves, farm animals and chimps and bonobos who share more with us than we can imagine.

Course Format: Lecture, film and discussion

210 **Basics of Wine** Tuesday 2-4 pm

Limited to 20

Limited to 15

Class Leaders: Fran Ross, Mark Grabert March 12, 26; April 9, 23; May 7, 21

Explore Wine off campus at Kappy's, Route 114, Peabody, MA

March 12 – Wine history and how to taste wine

March 26 – Wines of France April 9 – Wines of Italy

April 23 – Wines of USA

May 7 – Wines of Spain

May 21 – Wine and food pairing

Course Format: lecture, AV.

tasting



Writers Group Tuesday 2-4 pm

Limited to 10

Class Leader: Gay Porter

The Writers Group meets weekly on Tuesday afternoons from 2-4 pm throughout the year. This group functions to support intermediate and above level writers as they develop their voice and broaden their skill set.

Course Format: Writing is accomplished at home, shared, critiqued and discussed within the group.

The Writer's Group will not be counted as one of your five courses.

It is limited to members only. Wait list if over 10 enrolled.



WEDNESDAY

301 "Take Better Photos – Today!" Wednesday 9-11 am

Class Leader: Peter Grimshaw
March 6, 13, 20, 27; April 3, 10, 17, 24
Referencing my own personal
photography library plus examples
from the Great Photographers, I will
engage the class in conversations
and demonstrations on: lighting,
composition, subjects and still-life.
Also I would encourage local field

Limited to 15



trips to Salem Willows and Winter Island for photo shoots!

Course Format: Lecture/discussions, some local excursions, DVD's and slide presentations.

Required books or supplies: No actual texts or books required. Some handouts on terms, printing places and techniques.

Required reading for first class: None. But please remember to: bring your cell phone/camera; small point and shoot or DSLR camera to class – every time, please.

302 Dark Lords and Dainty Fairies:

The Supernatural in Gilbert and Sullivan

Wednesday 9:30-11 am Class Leader: Rose Wolf March 6, 13, 20, 27

W.S. Gilbert was fascinated by the supernatural and in his operettas THE SORCERER, IOLANTHE AND RUDDIGORE it takes—literally—center stage. We'll read dialogue and hear selections from each work that showcase unearthly themes, considering especially Gilbert's message about human psychology in every age by his use of magical motifs.

nat \$

Limited to 12

Course Format: Lecture and discussion, with some reading aloud of dialogue and listening to musical excerpts (yes, you can sing along—I will!).

Required books or supplies: THE COMPLETE PLAYS of GILBERT and SULLIVAN (Paperback; W.W. Norton and Company, 1976; ISBN: 0-393-61388-2). Secondhand copies are may be purchased inexpensively through eBay and Amazon.

Required reading for first class: No reading, but a viewing of the movie *TOPSY-TURVY*, the most recent cinematic treatment of the prickly partnership of G & S, is strongly suggested. Prior to Classes 2, 3 and 4, try to watch a recording of each operetta, available either on a cable channel or on DVD from the Noble Library System. The order in which to view them is given in the Course Description above.

Suggested books or supplies: Notebook or recording device, if desired. CAUTION: Be prepared to go home with a happy tummy ache from laughing—perhaps at yourself!

303 After Lincoln: "A New Birth of Freedom"

Wednesday 9:30-11 am Class Leader: John J. Fox

March 6, 13, 20, 27; April 3, 10, 17, 24;

May 1, 8, 15, 22

In his Gettysburg Address on November 19, 1863, Lincoln told the nation "that this nation, under God, shall have a new birth of freedom." This course will focus on whether the social, economic and political changes that spread throughout the nation within the next century, gave life to Lincoln's prediction.

Course Format: Lecture and discussion



15

304 Literary Genres: Seminar on

Limited to 8

Book Discussions Wednesday 9:30-11 am

Class Leader: Dr. Ann McGreevy

April 3, 10, 17

In spring 2019 we will discuss **non-fiction**_books of all types, a session **biographies** and **memoirs** and **fiction** novels that we have enjoyed. Participants are encouraged to bring examples of their own to discuss.

Course Format: Seminar/Discussion

305 Hate Crimes

Limited to 30

Wednesday 9:30-11 am

Class Leaders: Anne Sullivan and Forrest Rodgers

April 3, 10, 17, 24

This course will provide an overview of the issues associated with hate crime. The course will focus attention on legislative initiatives, data collection, police training and public awareness. This course will also explore the role of private organizations such as the Anti-Defamation League and the Southern Poverty Law Center in tracking the activities of hate groups such as the Ku Klux Klan and Arvan Nation.

Course Format: Lecture/Discussion

306 From a Number to a Name: A Journey Limited to 20 to Reclaim a Name from the Holocaust

Wednesday 9:30-11 am

Class Leader: **Deborah Shelkan Remis**

May 1, 8, 15, 22, 29; June 5

What do you know about the Holocaust? Our generation was never formally taught about the rise of Hitler and the Holocaust. Who were the individuals that represented the millions of victims? The course will focus on a few of the victims of the Holocaust. We will also discuss how historical enemies can come together in dialogue.

We will watch a 1954 episode of THIS IS YOUR LIFE, view historical artifacts and documents and pictures. Learn how researching and discovering materials led to the production of a multimedia theatrical violin concert "SARA'S VOICE, sotto voce", the story of a young violin virtuoso who perished in the Holocaust.

It will invigorate you to find and research your family stories. **Course Format:** Informal lecture and discussion, displays,

artifacts, movie

307 The Greatest Singer Ever in Hollywood

Wednesday 11:30-1:30 pm

Class Leader: Edward Friedman

March 6, 13, 20, 27; April 3, 10, 17, 24; May 1, 8, 15

The standard *modus operandi* for Deanna Durbin's movies is that whenever Deanna's character is in trouble, needs something or wants something, Deanna sings and whenever Deanna sings, everybody gives her whatever she wants.

In 1936, MGM teamed the 14 year-old Deanna, who had a beautiful adult soprano voice (but no acting experience), with another 14 year-old redhead who had loads of acting experience (but an immature singing voice), Judy Garland, in a short, *Every Sunday*. The studio then decided to keep Garland and drop Durbin. At this point, two refugees from Adolph Hitler entered the scene, Producer Joe Pasternack and Director Henry Koster. Pasternack scooped up Durbin for Universal Studios and Koster (in his first gig as a director in America) taught Durbin how to act and directed her in her first feature length film, *Three Smart Girls*. Pasternack produced Durbin's first 10 films, all of which were run-away hits.

Course Format: Movies and Discussion

Required books or supplies: None, I will supply handouts.

The Durbin movies that I will show this semester are:

1.	THREE SMART GIRLS	(1936)
2.	100 MEN AND A GIRL	(1937)
3.	THREE SMART GIRLS GROW UP	(1939)
4.	FIRST LOVE (CINDERELLA)	(1939)
5.	SPRING PARADE	(1940)
6.	IT STARTED WITH EVE	(1941)
7.	THE AMAZING MRS. HOLLIDAY	(1943)
8.	HERS TO HOLD	(1943)
9.	LADY ON A TRAIN	(1945)
10.	FOR THE LOVE OF MARY	(1948)

308 Conversational French

Limited to 20

Wednesday 11:30-1:30 Class Leader: Trish Osborne

March 6, 13, 20, 27; April 3, 10, 17, 24; May 1, 8

Parlez-vous Francais? Come and have fun and converse in French! Improve your vocabulary. Develop fluency. All levels, beginners with a little high school French to fluent speakers are welcome.

Course Format: conversation, vocabulary and grammar Required books or supplies: French/English Dictionary and a notebook.

309 Very Strange Films for Very Strange Times Limited to 15

Wednesday 11:30-1:30 pm Class Leader: Mike Evers

April 3, 10, 17, 24; May 1, 8, 15, 22

This course intends to be an exercise in locating the *meaning* of films—obvious referential meanings, explicit meanings and implicit meanings. I chose four films from 1995 to 2017 from the dark side of the mainstream to examine how they might bear witness to anxieties about life we experience now.

Course Format: We'll spend two sessions for each film, one half for each session, with lecture/ discussion before and after each session. The films are:

Safe, 1995 directed by Todd Haynes

Take Shelter, 2011 directed by Bill Nichels

The Witch, a New England Folktale 2015 directed by

Robert Eggers

Get Out, 2017, directed by Jordan Peele

Required books or supplies: I will supply readings. No required books.

Required reading for first class: None, but bring an open mind.

Suggested books or supplies: None at present.

310 Conversations About Race

Wednesday 11:30-1:30 pm Class Leader: Susan Strauss

May 1, 8, 15, 22

We will explore the meaning and consequences of "race" over time specifically looking at perceptions of race, black and white experiences, race in the American economy and lastly, the meaning of institutional racism.

Course Format: Lecture, discussion and visual aids.

Required books or supplies: Debby Irving Waking up White and

Ta-Nehisi Coates Between the World and Me

Required reading for first class: Start with *Waking up White*. Discussion will touch on both books during the four classes.



Wednesday 2-4 pm

Class Leader: Bill Kaufman

March 6, 13, 20, 27

Robots and Artificial Intelligence are popular topics of news articles these days. Improvements in computer power and speed have permitted developers to create autonomous mechanisms to perform tasks, hold conversations with humans, and outperform humans in a variety of



games. This course will cover some of the history of the creation of automatons, the development of robots and the invention of electronic networks that can learn by experience.

Course Format: PowerPoint lectures and discussion

312 Continuing Spanish

Wednesday 2-4 pm

Class Leader: Marilyn Cassidy

March 6, 13, 20, 27; April 3, 10, 17, 24; May 1, 8, 15, 22, 29; June 5

Participants should have a strong, working knowledge of the

language. Good humor and dedication are necessary.

Course Format: reading, reviewing, conversation

Required books or supplies: Spanish dictionary

THURSDAY

401 Helping our Communities Adapt to Climate Change

Limited to 8

Thursday 9-11 am

Class Leader: Steven Levy

March 7, 14, 21, 28

Practice separating fact from fiction. Learn how to explain climate change and the role we are playing. Get a basic understanding of earth science. Explore earth's past and possible future. Explore and commit to local opportunities to help in adapting to climate change. **Course Format:** Lecture, research and discussion. Some videos will

be shown. Extensive use of on line resources.

Required books or supplies: Bring laptop or tablet to each class Required reading for first class: Read about climate change on Wikipedia.

402 Frank Lloyd Wright: America's Greatest Architect

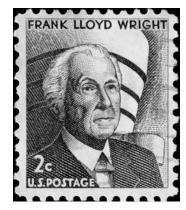
Repeat Course

Thursday 9-11 am

Class Leader: Jonathan Leamon

March 7, 14, 21, 28; April 4, 11, 18, 25; May 2, 9, 16

Did you know that Frank Lloyd
Wright's smallest commission was
a four square foot house known as
Eddie's House? Wright drew up the
plans at the request of a 12 year
old boy for his dog. While many
people are familiar with Wright's
more famous commissions, such as
"Fallingwater" in Bear Run, PA and the
Guggenheim Museum in NYC, there
are many other commissions that
he designed over his lifetime. Frank
Lloyd Wright's personal life certainly



influenced where many of his famous buildings were located.

This course will explore basics in architectural trends in America and abroad and how Wright rejected these styles and developed several styles that he used throughout his career as an architect.

We will focus on details of structures representative of each of his styles including furnishings, fixtures and all of the elements Wright had a hand in. The aim of this course is to provide you with a greater appreciation of his works for when you view them yourself!

Course Format: Lecture, discussion, slides and video. An optional field trip will be offered at discounted rates to Zimmerman House in Manchester, NH. Zimmerman House is the only Frank Lloyd Wright-designed home in New England that is open to the public and it is now owned by the Currier Museum of Art. Our trip includes a tour of the museum.

Suggested Reading:

Lost Wright: Frank Lloyd Wright's Vanished Masterpieces by Carla Lind, Pomegranate Communications, Inc., 1996.

Interiors: Frank Lloyd Wright at a Glance by Abby moor, Sterling Publishing Co., 2001.

The Architecture of Frank Lloyd Wright by William Allin Storer, The MIT Press, 1974.

Frank Lloyd Wright by Vincent Scully, JR., George Braziller, Inc., 1960.

An American Architecture: Frank Lloyd Wright edited by Edgar Kaufmann, Horizon Press, 1955.

Frank Lloyd Wright, A Biography by Meryle Secrest, HarperPerennial, 1993.

Frank Lloyd Wright, by Bruce Brooks Pfeiffer, Benedikt Taschen Verlag GmbH, 2000k.

Frank Lloyd Wright, by Bruce Brooks Pfeiffer, Taschen, 2004.

Frank Lloyd Wright Drawings by the Bear Run Foundation Inc. and the Edgar J. Kaufmann Charitable Foundation, Pittsburgh, PA, Horizon Press, 1959.

Frank Lloyd Wright Design by Maria Costantino, Saturn Books LTD, 1995.

Frank Lloyd Wright: Writings and Buildings selected by Edgar Kaufmann and Ben Raeburn, Horizon Press 1960.

An Autobiography by Frank Lloyd Wright, Horizon Press, 1977.

An American Architecture by Frank Lloyd Wright, Horizon Press, 1955. The Future of Architecture by Frank Lloyd Wright, Horizon Press, 1953. Frank Lloyd Wright: American Master by Alan Weintraub, Rizzoli, 2009. Who was Frank Lloyd Wright? By Ellen Labrecque, Grosset & Dunlap, 2015.

An American Genius: Frank Lloyd Wright by Harcey Einbinder, Philosophical Library, 1986

Frank Lloyd Wright by Jennifer Fandel, Creative Education, 2017. Identifying American Architecture by John J-G. Blumenson, W. W. Norton & Company, Inc. 1977.

What Style is it? By John C. Poppeliers, S. Allen Chambers, Jr. and Nancy B. Schwartz, The Preservation Press, 1983.

How Old is this House? By Hugh Howard, Farrar, Straus and Giroux, 1989.

The Vision of Frank Lloyd Wright by Thomas A. Heinz, Chartwell Books, 2016.

Frank Lloyd Wright, Architect by Robert McCarter, Phaidon Press Limited, 1997.

Apprentice to Genius: Years With Frank Lloyd Wright by Edgar Tafel, McGraw-Hill Book Company, 1979. Many Masks: A Life of Frank Lloyd Wright by Brendan Gill, G.P. Putnam's Sons, 1987.



403 How to Reduce Your

Limited to 50

(or Your Loved Ones') Chronic Pain

Thursday 11:30-1:30 pm

Class Leader: Dr. George Beilin, Licensed Psychologist/Author March 7, 14, 21, 28; April 4, 11

This course is designed for those of you who either have ongoing pain and/or are a caretaker and/or are a healthcare provider who works/ has worked treating people with ongoing pain. The National Institute for Health (NIH, 2015) identified that 126.1 million people report they have had pain in the last 3 months and 25.3 million people reported having a lot of pain.

Course Format: PowerPoint Presentation – Lecture-Handouts, sharing Required books or supplies: Either: How to Reduce Your Chronic Pain: A New Model to Help you Restore Hope. Dr. George Beilin, 2018 King Publishing, ISBN 978-0-9996198-0-3 (can be bought by Author or on Amazon) Or: How to Reduce Your Patient's Chronic Pain: A New Model to Restore Hope (Theirs and Yours!) 2018 Amazon) Dr. George Beilin ISBN 978-0-9996198-3-4. And The Pain Chronicles: By Melanie Thernstrom, Amazon

Suggested books or supplies: Notepaper and pencil

404 Tell Me A Story-In a Poem

Limited to 25

Thursday 11:30-1:30 pm Class Leader: Marilyn Day May 2, 9, 16, 23, 30

Narrative poetry tells many a good story from Chaucer's *The Wife of Bath to* Millay's *Ballad of the Harp Weaver*, all with rhyme, meter and alliteration, along with plot, characters, dialogue and setting. We'll read poems by authors like Coleridge, Browning, Tennyson, Poe, Frost and Robinson and then *Spoon River Anthology*, a collection of dramatic monologues, epitaphs actually, by the citizens of a small town. For fun we'll read aloud a few old chestnuts like *The Midnight Ride of Paul Revere*.

Course Format: Discussion, reading aloud

Required books or supplies:

Edgar Lee Masters, *Spoon River Anthology*, digireads.com, ISBN 97814209568-733

Required reading for first class: None. List of readings will be sent before the first class.



405 Ongoing Intermediate Spanish

Limited to 20

Thursday 11:30-1:30

Class Leaders: John and Judy Arnold April 18, 25; May 2, 9, 16, 23, 30; June 6

"Intermediate Spanish" class (continued from fall 2018). Focus on vocabulary and conversation; some grammar.

Course Format: Emphasis on dialogues of everyday activities. **Please note**: (limited to students who were in this class fall 2018).

Closed to others unless space available and with permission by teacher.

Required reading for first class: Review all previous lessons. Suggested books or supplies: A good bilingual dictionary.

406 My Favorite Lecture

Thursday 2-4 pm

Class Leader: Stephen Young

March 7, 14, 21, 28; April 11, 18, 25

- March 7 Stephen Young, PhD (Geography Department) "A Geographer's sabbatical."
- March 14 David Silva, PhD (Provost) "Language, Thought, and Culture."
- March 21 Christopher Fauske, PhD (Media and Communication Department) "Finding the fun in Twitter without joining in."
- March 28 Van Pham, PhD (Economics Department) "Vietnam A Country at a Crossroads."
- April 11 Michele Louro, PhD (History Department) "World War One and India."
- April 18 Pierre Walker, PhD (English Department) "Henry James." April 25 Stephen Young, PhD (Geography Department) "Biomes

of the World."

407 German Conversation

Limited to 5

Thursday 2-4 pm

Class Leader: Walter Haug

March 7, 14, 21, 28; April 11, 18, 25; May 2, 9, 16, 23, 30

Practice speaking German of an intermediate or higher level of proficiency. Vocabulary and grammar will be addressed

and discussed.

Course Format: Each participant reads from a preassigned text.

The text is then discussed as a group.

Required reading for first class: supplied by leader.

BULLETIN BOARD AND CANCELLATIONS

Bulletin Board: There is a bulletin board at the Explorers Office at 10 Federal Street, Salem for all the schedule updates, coming events, special Salem State events and other pertinent information.

Cancellations: If Salem State University cancels classes, Explorers classes will also be cancelled. If Salem State classes are delayed, Explorers classes will be cancelled.

Tune in to the following for updates: **TV**: Channels 4, 5, 7 and 25. **There is also a recorded message on the Explorers telephone: 978.744.0804**

Handicapped Information: Our quarters at 10 Federal Street are handicapped accessible, Please use the side entrance near the parking lot.

Explorers Center Office Hours: Monday-Thursday, 8:30 am-4 pm

Telephone: 978.744.0804

Email: explorers@verizon.net

Websites: salemstate.edu/explorers

(Complete catalogue online) explorerslli.org



CURRICULUM COMMITTEE

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BUILDING EVACUATION PROCEDURES

When the directive comes for the building to be evacuated, you should stop whatever you are doing and head for the hall door as quickly as possible.

Because you need to be able to hear directions as you exit, there must be no talking.

Proceed directly to the hall. Do not stop for coats or personal belongings unless someone from the office or a board member tells you to do so.

When you enter the hall, turn right and exit to St. Peter Street, As you exit, you will be given directions where to gather outside the building.

If the hallway is not passable, go to a classroom with windows, open the windows, close the door and wait for evacuation.

Stay with your classmates and your class leader. In an emergency, it will be necessary to take attendance once everyone is presumed to be out of the building.

Do not re-enter the building unless everyone is given permission to do so.

If you are handicapped and unable to negotiate the steps to St. Peter Street, turn left and use the ramp exits located at: 10 Federal St. or at the far end of the building.

YOUR PRINTED NAME:	
DEAR MEMBER: Explorers are a diverse group with a multitude of experiences and interests. In order to better serve you and the entire organization, we'd like to know more about you and hope you are willing to participate in Explorers in whatever ways are comfortable for you.	Φ
IMPORTANT: Photos of Explorers members and activities, mostly group shots, appear in our print and electronic media. Names are not included in group shots. If you prefer not to be included, please contact Dawn, Explorers Office Manager.	
I would like to see a course on	
l am interested in coordinating or leading a course or in doing a one-time presentation.	
I am willing to do this because of my past work experience, volunteer experience and/or hobbies or special	
interests (please explain)	
I would like to be a class assistant. Please circle: coffee, attendance or equipment	
I would like to be on one of the following Standing Committees (a wonderful way to get to know other members and to make a contribution to Explorers):	
Compass: (quarterly newsletter) Curriculum: (development of courses)	
Recruitment/training of leaders:e-Communications:	
Facilities: (physical plant improvements, room assignments)	
Membership: (recruitment/orientation of new members)	
I would be willing to work on the following activities: Special Events, parties, meetings, etc.:	
Volunteers – recruit, train, supervise members for class assistants*, office work, etc.:	
Publicity:	
* Class Assistants help by choosing any of the following: run the A/V equipment; set up classrooms; setting out and/or cleaning up coffee equipment or taking attendance and assisting the presenter. Assistance in learning to operate the A/V equipment will be provided.	

Thank you for completing this form!

Please indicate your interest

Spring 2019 Explorers Membership/Registration Form

Name Last First	M.:	Nickname (for name tag)	_ Date
Address			
# Street	City/State	ZIP	
Home Phone ()	Other Phone (
Email Address			
Emergency Contact	Phone ()	Relationship	nship
(Mandatory) Alternate Emergency Contact	Phone ()	Relationship	nship
Procedure for Registration			-
Courses will be assigned on a space available basis. Applicants not admitted will be placed on a waiting list. Your first course choice will be given assignment priority. If first choice courses become oversubscribed class participants will be selected in the following order: 1. New members 2. Members who have selected the course as their first choice.	olicants not admitted y. If first choice cour 2. Members who h	d will be placed on a waitingses become oversubscribinave selected the course as	ing list. ed class participants s their first choice.
COURSE SELECTIONS: LIST THE COURSES IN ORDER OF PREFERENCE. You may enroll in up to five courses per semester, exclusive of Book Club and Writers Group. Please consider becoming a Class Assistant in one of your courses. Check all that apply. See over for details.	DER OF PREFEREN sive of Book Club ar ur courses. Check al	VCE. nd Writers Group. I that apply. See over for o	details.
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BOOK CLUB WRITERS GROUP	PLEASE	PLEASE NOTE: 6 MONTH	
Registrations are accepted on a year round basis.	NONKEL	NONKEFUNDABLE MEMBEKSHIP FEES EXISTING MEMBERS NO MONEY DUE.	ASHIP FEES ONEY DUE.
In the event that a course is oversubscribed, enrollment will be based on a review of all	January 1,	January 1, 2019 to June 30, 2019	
applications received on or before Thursday, January 24, 2019. Members may not attend classes without prior registration.		Single membership \$150 Spousal membership \$260	& &
			u
For office use only: Received by:		TOTAL:	
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